



**SHASTA COUNTY
INDEPENDENT
LIVING PROGRAM**

**PROGRAM BULLETIN
November 2006**

Experiential Group: Studies show that approximately 50% of foster youth are parents by their 19th birthday. Do you have questions about making healthy choices in a relationship? Join us for our monthly experiential group on choices around sex, relationships and staying healthy with Shasta County Nurse Maggie. We will have two classes this month, one for the boys and one for the girls. The girls will meet on Wednesday, November 8th from 4:30-6pm at Howell Hall. The boys will meet on Thursday, November 9th from 4:30-6pm at Howell Hall. **Please RSVP to Lisa Goza @ 365-9260 ext 120.**

ILP Drop IN Night: ILP will be having another drop in night on November 29th, from 4:00pm-5:30pm. Stop by and have some pizza at Roundtable Pizza, in the Mt. Shasta Mall. Visit with your ILP caseworker, friends, ask questions, and relax.

Are you creative? Shasta County Independent Living Program is working with the Butte College Foster Kinship Care and Butte County ILP to create a booklet that will display current and former foster youths' views and experiences. This project was a huge success last year. Don't miss the chance to be part of this special project. Donations will be collected for the booklets and the proceeds will go to the Shasta County CYC Chapter. Put your thoughts on paper; letters, poems, short stories, art and submit something you created that you would like others to see. Don't forget to include your name and phone number on the back (Please let us know if you wish to remain anonymous – no name posted with entry).

Any work can be given to your ILP worker or mailed to: Shasta County ILP, 2877 Childress Dr. Anderson, CA 96007. For more information contact Cheril Werkman at 365-9197 or see attached flyer.

December Experiential Group: Our December experiential group will be an etiquette dinner. This class will be by invitation only to those youth who have been participating in our ILP program on a consistent basis. Each caseworker will be picking some of their youth that are continually working on their ILP goals. We are planning to have this group some time during the first week of December (5th, 6th, or 7th). This is a formal dinner and we do dress up and practice our etiquette and social skills. We are asking that only those youths who are invited attend. Look for you invitation in the mail near the middle of November. RSVP will be required for attendance.

Soul Water Rising Foster Youth Poetry Contest – 100.00 Cash Prizes!!! This is a free annual poetry contest. The contest topic this year is WHAT FOSTER YOUTH CAN TEACH THE WORLD. Entries must be received by November 30, 2006. See the attached flyer for more information.

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For more info, visit us at: www.youthandfamily.info/ourprograms/independent_living.php