



**SHASTA COUNTY
INDEPENDENT
LIVING PROGRAM**

**PROGRAM BULLETIN
September 2005**

The first experiential class will be held on Thursday, September 29th at Les Schwab in Anderson from 4-6pm. The class will teach ILP youth how to change a tire and some of the responsibilities of owning a car. ILP youth who attend will receive an incentive for participating. The classes will be held monthly and will cover topics such as finding an apartment, cooking, budgeting, and relationship skills. We will alternate our topics so that they do not conflict with ILS topics each month. This will give ILP youth the ability to attend two classes a month. Please RSVP Cheril Werkman at 365-9197 ext 105 by September 20th.

The California Chafee Grant Program gives up to \$5000 annually of free money to ILP youth and former ILP youth to use for college courses or vocational school training. Talk to an ILP worker for more info or go to <http://www.chafee.csac.ca.gov/default.asp> ILP caseworkers are available to assist youth with scholarship applications, FAFSA forms and accessing Chafee Grants. Social workers and probation officers please start looking for verification letters that will be sent to you from the Chafee Grant Program. These letters need to be returned with your signature and the ILP coordinators signature for the grant to be processed.

Shasta County ILP is now fully staffed. Cheril Werkman has been with us since the beginning of August. We now have Darell and Jennifer working part-time and Annette who is a Chico State Intern. Many of you have already met them as they have been out working with ILP youth the past couple of weeks.

WHAT IS A TILP? A Transitional Independent Living Plan or TILP is a document required by the state that is to be completed by a foster youth and his or her county social worker or probation officer. According to California Department of Social Services regulations, the initial TILP is to be completed when a youth is between the ages of 15.5 and 16. A new TILP is to be completed at least every six months until the youth's dependency is dismissed. The TILP becomes part of the case plan and steers plans for self-sufficiency preparation. A valid TILP must be in place for a youth to be referred to ILP.

Shasta College ILS will hold a cooking and nutrition class at the end of September, from 4-7pm, at Shasta College. Come to this fun class and after you learn about basic nutrition and cook a meal you will get to eat your creations. This class fills up fast so make sure you call Colleen Oshier for the finalized date and to RSVP by September 15th at 247-3321.

Shasta County ILP would like to thank Linda at Equity Property Management and the staff at Les Schwab Tires. Linda has been very helpful in helping us find apartments for some of our ILP aftercare youth who are attending college. The Les Schwab staff didn't hesitate when asked to work with the kids for the experiential class. It is great to have community members and businesses that are so willing to help ILP youth in Shasta County

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