

PHYSICIANS ORDERS FOR OVER THE COUNTER MEDICATIONS (PRN)

Patient Name:	D.O.B	Date of visit:	
Allergies:			
Madical Duaridan Nama			
Address:			
Phone:			

Interim Licensing Standard 88487.15 (b) Health Related Services outlines the conditions for a child/NMD to self-administer medications. A physician must approve in writing or on the medication label, the permission for a child/NMD to self-administer their own medications. If a child/NMD cannot determine their own need for medication, a Resource Family shall determine the need of the child/NMD in accordance with written medical instructions.

Please indicate on this form those medications that are appropriate for this child/NMD. Any category not marked will require contact with a health care provider *prior* to administration.

MEDICATIONS MUST BE ADMINISTERED ACCORDING TO PACKAGE SPECIFICATIONS FOR CORRECT DOSAGE BY AGE/WEIGHT & ARE NOT TO EXCEED THE RECOMMENDED DOSAGE ON LABEL INSTRUCTIONS

Yes	No	Signs & Symptoms Medication	
			(to be administered following label instructions by age/weight)
		For fever or pain	Tylenol, Motrin, Advil, Pamprin, Midol, Ibuprofen,
		•	Naproxen, Acetaminophen, Motrin, Advil, or Generic
			Substitutes
		For pain (topical)	Topical pain relievers, Aspercreme, Mineral Ice, Epson
			Salts, BenGay, Icy Hot, or Generic Substitutes
		For cough/sore throat	Robitussin, Triaminic, Ricola, Halls, Phenol,
			Benzocaine, Menthol drops, Cepacol, Camphor,
			Eucalyptus Oil, or Generic Substitutes
		For decongestant	Sudafed, Dimetapp, Mucinex, Sinex, Triaminic, Vicks
			Vaporub (Topical), Pediacare, Camphor, Eucalyptus
			Oil, Menthol, or Generic Substitutes
		For allergies	Benadryl, Actifed, Sudafed, Allegra, Zyrtec, Claritin,
			Flonase, Loratadine, or Generic Substitutes
		For eye irritation	Clear eyes, Visine, Refresh, Saline, Glycerin, or Generic
			Substitutes
		For stomach issues	Tums, Rolaids, Alka Seltzer, Maalox, Mylanta, Gas X,
			Imodium, Kaopectate, Pepto Bismol, or Generic
			Substitutes
		For head lice	Nix, Rid, Peppermint Oil, Tea Tree Oil, Rosemary
			Extract, or Generic Substitutes
		For skin irritation	Benadryl Cream, Calamine, Caladryl, Hydrocortisone
			Cream, or Generic Substitutes
		For disinfecting/cleaning	Hydrogen peroxide, rubbing alcohol, Bactine,
		cuts/scrapes	Neosporin, Polysporin, or Generic Substitutes

Yes	No	Signs & Symptoms	Medication
			(to be administered following label instructions by age/weight)
		For athletes' foot	Lotrimin, Tinactin, Desenex, or Generic Substitutes
		For mouth/teeth/gum pain	Benzocaine, Orajel, Anbesol, Hylands Baby, or Generic Substitutes
		For diaper rash	Desitin, Aquaphor, A&D Ointment, Aveeno Baby, Hydrocortisone, or Generic Substitutes
		For acne	Stridex, Oxy 10, Clearskin, Clean & Clear, or Generic Substitutes
		Vitamins/Multi Vitamins	Daily multivitamin, Vitamin C, Probiotic, Immunity
		Sunscreen	
		Insect Repellent (topical)	

Comments:				
I hereby give my consent for Northern California Youth & Family Programs and/or their approved resource parents to provide treatment to the afore mentioned patient for the symptoms above with the medications indicated.				
Physician's Signature:	Date:			